

DALBY INTERAGENCY MEETING

Held at the **MYALL YOUTH AND COMMUNITY NETWORK CENTRE**

Date 18th February 2020

Meeting opened by Patrica Morrinat 12pm – Patrica thanked everyone for their attendance

ATTENDANCE: Patrica Morrin, Sandi Proctor (MYCNC), Kelly Brown (Aim Big Employment), Jane Henning (Catholic Care), Gordon Rowlings (Many Rivers), Estela Estoria (Uniting Care ECEI), Sally Mauch, Amy Brown, Renee Harrison (PCYC), Jessica Kennedy (Department of Housing), Annette Jasinski (Lifeline Darling Downs), Donna Ryan (Youth in Search), Reagan, Julie Rathmell (Bush Kids), Wendi Lindsay (Goolburri), Leisa Finch (Department of Education), Tina Burnett (Department of Human Services), Alison Welke Towner (APM), Lauren Zeller, Lindsay Hume (Department Community Corrections), Gail Courte (Rural Aid), Marissa (R Health), Maria Burton, Marg Cook (St Vincent's De Paul), Joseph Toohey (Act for Kids).

APOLOGIES: Le-Anne Callaghan (DISCO), Kristie Lambert (Darling Downs Health), Brett Hunter (PCYC), Lynda Hammond (CAP), Carolyn Tillman (WDRC), Penny Parker (DSHS)

Patrica Morrin (MYCNC) 4662 0152 admin@mycnc.com.au

-) Administration Assistant working Fridays every week.
-) A variety of conference rooms are still available for half day or full day hire; please refer anyone looking for any sort of room hire to MYCNC.
-) All community groups are welcome to call and discuss room availability.
-) Introduced Sandi Proctor to everyone. Sandi is sitting in to learn how to conduct an Interagency Meeting

Kelly Brown (Aim Big Employment) 0419 961 175 kbrown@aimbigemployment.com.au

-) Disability, Illness, Injury. Any referrals, direct registration.
-) Open Monday – Friday 8:30am – 5pm.
-) Clients don't have actively to be on Centrelink to register. Support for employment and further education as well.

Jane Hennig (Catholic Care) 1300 477 433 jhennig@catholiccare.services

-) Councillor from Catholic care. In Dalby on Tuesdays.
-) See anyone for Counselling. People who are going through separation, Families, Children, couples, adults.
-) Call office in Toowoomba for an appointment.
-) No need for a GP referral.
-) There is a cost involved but happy to waiver fee if they are struggling.
-) EAP program

Gordon Rowlings (Many Rivers) 0427 189 655 gordon.rowlings@manyivers.org.au

-) Non for profit charity helping people that are struggling with their businesses.
-) Helps with ABN, business names, etc.
-) Also supports people with disabilities and people who are on Centrelink in building a business.

Estela Estoria (Uniting Care) 0439 606 579 estela.estoria@ucommunity.org.au

-) Every day we're engaging with people from all walks of life across all ages — older people; those living with a disability; people requiring health care in hospital or at home; children,

families and communities; and people facing adversity. Wherever you are and whenever you need us, we're here to make sure you have the opportunity to live your best life.

-) Counselling and wellbeing
-) We all need someone to lean on. With our crisis and mental health support; financial counselling and gambling support; disaster relief and community recovery; support for youth and seniors; drug and alcohol support; and prison ministry — you can lean on us.

Sally Mauch (PCYC) [4672 2400](tel:46722400)sally.mauch@pcyc.org.au Amy Brown, [0484 616](tel:0484616748)

[748](tel:748)amy.brown@pcyc.org.au Renee Harrison [0436 380 168](tel:0436380168) renee.harrison@pcyc.org.au

-) Sally - Healthy bodies Healthy Minds 8 week program for 18 plus years referrals from GPs.
-) Amy – Youth Support Worker 12 -18 years Accept referrals
-) Renee – indigenous support worker all ages Indigenous programs running at the moment.

Jessica Kennedy (Department of Housing) [4699 4400](tel:46994400)jessica.kennedy@hpw.qld.gov.au

-) Senior Housing Officer for the area
-) Has only been in the role for a couple of weeks , has come along to introduce herself

Annette Jasinski (Lifeline Darling Downs) [0439 874 372](tel:0439874372)ajasinski@lifelinedarlingdowns.org.au

-) Rural family support worker for the Darling Downs.
-) Work with families who have children under the age of 18 who aren't engaged with Department of child safety.
-) Providing family support for a huge range of things, parenting programs through to Transport to hospital.
-) Dalby Office has a Financial Resilience Worker officer and Gambling help Worker & councillor.

Donna Ryan (Youth in Search) [0499 601 501](tel:0499601501)donna.ryan@youthinsearch.org.au

-) Run weekend Workshops for young people 14-20 dealing with Anxiety, depression, Low self-esteem, bullying anything that is affecting young ones. Need to be referred through.
-) Peer to peer support program. No cost to go away .
-) Weekly support group runs on Wednesday 3.30pm from MYCNC.

Reagan, Julie Rathmell (Bush Kids) [4662 2729](tel:46622729)julie@bushkids.org.au

-) Julie is a *Family Health Support Worker*.
-) Located in Dalby at 33B Archibald St. across the road from Aldi
-) BUSHkids is a non-Government, not for profit community organisation which offers a range of free allied health services to children and families living in rural Queensland.
-) Clients are rural and remote children who are experiencing some behavioural, emotional, social and/or developmental difficulties.
-) Have teams of OT's, speech. Working with children from 0-10yrs

Wendi Lindsay (Goolburri) [0428 628 271](tel:0428628271)wendi@goolburri.org.au

-) Support for Indigenous families. Family Wellbeing Service, Visiting Psychologist.
-) Healing and Wellbeing team. Drug and Alcohol issues.
-) Family and child connect
-) Support Workers for parents & children.
-) Foster and Kinship Carers Program
-) Independent Entity when child safety are involved with Indigenous person, they can have an independent person to have someone with them.

Leisa Finch (Department of Education) [0428 090 047](tel:0428 090 047)leisa.finch@ged.qld.gov.au

-) Senior project Officer
-) Role is working with children aged between 6 ½ and 16 years and not enrolled in school and should be.
-) Work closely with Youth Justice Child safety child youth mental health.
-) Work with young people trying to build them up to re-enter school or alternative options.
-) Based in Toowoomba, but covers the Dalby, Oakey and Tara region.
-) Working one on one with young people, supporting and directing them to the appropriate options available, linking them with other supports within the community.
-) Works closely with Child Safety.

Tina Burnett (Department of Human Services) (Services Australia) [4656 5101](tel:4656 5101)tina.burnett@servicesaustralia.gov.au

-) Financial information Officer. Role is financial Education
-) Offer face to face appointments and seminars.
-) Aim is to build financial capability.
-) Can see anybody at any stage of their life. Discuss most financial topics. Retirement superannuation, managing money.

Alison Welke Towner, Thalia (APM) [0455 783 710](tel:0455 783 710)alison.welketowner@apm.net.au

-) Disability employment Service. Disability illness or injury.
-) Focusing on Apprentices & traineeship & on the job support.
-) Find them suitable Employment, right position for them.
-) Depend on community referrals.

Lauren Zeller , Lindsay Hume (Department Community Corrections) [4596 8900](tel:4596 8900)

lauren.zeller@corrections.qld.gov.aulindsey.hume@corrections.qld.gov.au

-) Probation, parole, community services order.
-) Really handy being here today finding out all the services available in Dalby.

Gail Courte (Rural Aid) [0428 185 184](tel:0428 185 184)gail.courte@ruralaid.org.au

-) Help people with Hay drops , financial assistance, gift cards, bill payments facility can pay up to \$1500 worth of bills to be paid. House water.
-) Do have counselling services available.
-) Other programs running. 10 towns.

Marissa Moure (R Health)

-) *Health Service Navigator.*
-) Phone based, information advice & referral line, for mental health support.
-) Position is Health Service Navigator Basically take phone calls from community people GPs to work best possible outcome for a person
-) Specialty is Mental Health, also clients who may just be a little stressed with life in general before this becomes something worse.
-) Linking anyone from low to moderate mental health issues to all services available to them.
-) Clients can self-refer, referrals are also sent through GP's etc.
-) Referral number is 1300 012 710, post code based service.
-) No threshold and no age limit.
-) Would like information from lots of different services

Maria Burton,(St Vincents De Paul) 4662 3497 sj4405@svdpqld.org.au Marg Cook
cookm3@bigpond.com

-) Help with food, clothing, furniture etc.
-) Emergency accommodation is needed.

Joseph Toohey (Act for Kids) 4687 0200 joseph.t@actforkids.com.au

-) Good to get a feel of what services available in the area.
-) Where families presenting with complex needs affecting a child's physical, social and emotional well-being.
-) Can make a referral through the family and child connect portal.
-) We run Pathways to Early Learning Development Program.

Meeting Closed: 1.05pm

*Next meeting to be held on the **17th March**2020 at 12pm*



WE ARE AIMBIG EMPLOYMENT

Rehab Management established AimBig Employment to build on their disability services experience after appointment to the Disability Employment Services (DES) Panel.

For more than 20 years, we've helped people around Australia to gain and maintain meaningful employment. We've helped thousands of employers to find staff, educated them on the benefits of hiring people with disability and the advantages of government schemes and incentives.

We've won awards for our healthcare and employment services, because we believe in putting our clients first.

HELPING YOU FIND THE RIGHT STAFF

AimBig Employment is a dynamic, innovative provider who listens to your recruitment and business needs and matches staff from our diverse, talented pool of job seekers with the skills, experience and qualifications you need.

WHY EMPLOY SOMEONE WITH DISABILITY?

1 in 5 Australians have a disability. Whether it is someone with physical or intellectual disability, chronic or mental illness, hiring people with disability is not just good for the soul, it's good for business.

The proven benefits* for your business are:

People with
disability have
fewer WHS issues

People with
disability are more
loyal to their
employers

People with
disability take
fewer days off

Most importantly, employing people with disability isn't about charity. It's about tapping into the millions of Australians who have the drive and desire to work hard and take on meaningful employment.

OUR TEAM

Our people understand your business needs because we have helped thousands of other employers find dedicated, hardworking staff. Our team includes:

- **Job Coaches** - who pre-screen candidates for skills and qualifications valuable to your business.
- **Employer & Community Engagement Consultants** - to help you find the perfect match for your recruitment needs.
- **Allied health resources** - in house such as occupational therapists, physiotherapists, exercise physiologists, psychologists, and social workers to ensure your new starters are equipped with any supports they need and to offer training for your existing staff.

WHY AIMBIG EMPLOYMENT?



Over 20 Years' Experience

Matching people with disability, injury or health conditions to suitable employment



Our Skilled Staff

Experienced and specialised knowledge across multiple industries



Tailored Services

We listen and understand your unique business needs and provide staff that match your requirements



Australian Owned

We are Australian owned with a national footprint spanning 58 Employment Service Areas



Value Add Training

We offer in house seminars and workshops to educate your staff



Mental Health & Physical Specialists

Only DES provider specialising in musculoskeletal disability

WHAT WE CAN DO FOR YOUR BUSINESS

We know market and industry trends because our research and development team is constantly seeking opportunities to improve our job network. All of our participants are pre-screened and are given access to pre-employment training when necessary.

Once we have found the right employee for you, AimBig Employment offers a variety of post placement support to ensure the worker is productive and content.

Together we'll help you:

- With induction, buddying, mentoring, training and health and safety matters
- Filling skill gaps with specialised training of new starters and disability awareness education

CONTACT

www.aimbigemployment.com.au

1300 034 997

info@aimbigemployment.com.au

Find us at @AimBigEmployment



aimbig
EMPLOYMENT

Drought Phone List



Need help now? You are not alone

- | | |
|-----------------------------|--------------|
| • Emergency Services | 000 |
| • Lifeline | 13 11 14 |
| • Your local GP | |
| • Beyond Blue | 1300 224 636 |

Financial Assistance

Get onto it early, avoid self-assessing

- | | |
|--|---------------------|
| • Rural Financial Counselling Service (RFCS) | 07 4622 5500 |
| • Department Natural Resources, Mines and Energy
Drought Assistance | 13 74 68 |
| • Drought Angels | 07 4662 7371 |
| • Ergon Energy Drought Relief | 1800 185 750 |
| • Farm Household Allowance | 13 23 16 |
| • Legal Aid Queensland Farm and Rural Legal Service | 1300 651 188 |
| • Lifeline Financial Counsellor | 1300 991 443 |
| • Queensland Country Women's Association | 07 3026 1220 |
| • Queensland Drought Assistance Scheme | 13 25 23 |
| • Queensland Rural Industry Development Authority (QRIDA) | 1800 623 946 |
| • Rural Aid | 1300 327 624 |
| • Telstra Adversity, Financial Hardship Program | 13 22 00 |
| • Your Accountant | |

Wellbeing

Persist to find the right help

- | | |
|--|---------------------|
| • Mental Health Service Navigators | 1300 012 710 |
| • Lifeline Darling Downs and South West Queensland | 1300 991 443 |
| • New Access | 1300 727 957 |
| • Relationships Australia QLD | 1300 364 277 |



1300 991 443

connect@lifelinedarlingdowns.org.au

*This activity is supported by Darling Downs & West Moreton PHN
Document: LIST-01 Drought Phone List. Rev:01 Date: 08/10/2019*

Rural Support – Government Organisations		
FarmHub website		https://farmhub.org.au/region/qld/
Federal Department of Human Services (Farm Household Allowance) Drought and Farmer Assistance Hotline	132 316	www.humanservices.gov.au
Federal Department of Human Services Payments and services if you live in regional, rural or remote Australia.	132 318	www.humanservices.gov.au/individuals/rural-and-remote-australians
Federal Department of Social Services For families & children and mental health	1300 653 227	www.dss.gov.au
Australian Tax Office (deferred payments) • Individuals • Businesses • Debt enquiries	13 28 65 13 72 26 13 11 42	www.ato.gov.au
Regional Investment Corporation Drought Loans	1800 875 675	www.ric.gov.au
Federal Department of Agriculture • Rural Financial Counselling Services	1800 900 090	www.agriculture.gov.au/ag-farm-food/drought/assistance/rural-financial-counselling-service/qld#head-office or to find your closest RFC in Queensland South Queensland www.rfcssq.org.au
QRIDA (Queensland Rural & Industry Development Authority)	1800 623 946 or local numbers on website	http://www.grida.qld.gov.au/homepage
Legal Aid Queensland • Farm and Rural Legal Service	1300 65 11 88 or frls@legalaid.qld.gov.au	http://www.legalaid.qld.gov.au/Find-legal-information/Work-and-money/Farm-and-rural-legal-service
Health		
13 HEALTH Talk to registered nurse 24 hours a day, 7 days a week	13 43 25 84	https://www.qld.gov.au/health/contacts/advice/13health
Head to Health website		www.headtohealth.gov.au
Social and Emotional Wellbeing		
Lifeline 24 hours	13 11 14	www.lifeline.org.au
Beyond Blue – information only	1300 224 636	www.beyondblue.org.au
Family Drug Support	1300 368 186	www.fds.org.au
Relationships Australia	1300 364277	www.relationships.org.au
Family Relationship Service	1800 050 321	www.frsa.org.au
Mensline Australia	1300 789 978	www.mensline.org.au
Mental Health Service Navigators: • Neami National (Ipswich, Toowoomba, Scenic Rim and Lockyer Valley regions) • Rhealth (Goondwindi, Southern Downs, Western Downs, South Burnett, Cherbourg and Somerset regions)	1300 012 710	www.neaminational.org.au/find-services/mental-health-service-navigator-toowoomba/ www.rhealth.com.au/what-we-do/current-programs-projects/mental-health-service-navigators/
Kids Help Line	1800 551 800	www.kidshelpline.com.au
Rural Aid	1300 327 624	www.ruralaid.org.au
Men's Referral Service	1300 766 491	www.mrs.org.au
Salvation Army	13 72 58	www.salvationarmy.org.au
Lifeline Darling Downs & South West QLD: • Personal Financial counselling • DV Support • Family Counselling • Drug and Alcohol Support • Gambling Support	1300 991 443	www.lifelinedarlingdowns.org.au/



1300 991 443

connect@lifelinedarlingdowns.org.au

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DISASTER

ASSISTANCE

AVAILABLE

Rural Aid provides assistance to farmers in times of drought, flood and fire. We know farmers are a proud bunch, many of whom won't ask for help! We know that many suffer in silence, however we want to change that through our **Assistance Program**.

If you're a farming family in need of help, please register at:
<https://www.buyabale.com.au/can-we-help-you/>

Farmers must be registered with **Rural Aid** to receive this assistance.



What information will you need to register with Rural Aid?

- **To apply online**, please make sure that you use the **same name** to register as a farmer and for your financial assistance application.
- **Primary Producer Declaration.** If you are a primary producer and your accountant is writing a primary producer declaration for you, please ensure it has the letter head and contact details. Or if your accountant is using a Declaration of Eligibility for a Registration Concession form or any other form, please make sure that it has your and your accountant's signature on it with current date.
- **Please note:** Upon completion of the registration form, you should receive an automated email from us. If you do not receive the email, check your spam folder, if the email is not there, please contact the **Rural Aid** team on **1300 327 624** during business hours.
- **Don't have internet?** Contact the **Rural Aid** team on **1300 327 624** during business hours and we can mail you the required forms.

We're in this together!

ruralaid.org.au

1300 327 624

3/8 Colebard Street East | Acacia Ridge Queensland 4110
PO Box 1342 | Sunnybank Hills Queensland 4109

Email: contact@ruralaid.org.au



DISASTER
ASSISTANCE
overleaf



Rural Aid's assistance includes:



Fodder

The charity sources and delivers fodder to farmers for livestock.

In 2018/19, Rural Aid delivered over **65,000 large bales of hay to over 4000 farmers.**



Gift Cards

Upon registration, you can also request a **pre-paid Visa 'Country Card'** to use as you choose.

In 2018/19, a combined total of over **\$6M was given to over 4500 farmers** in the form of financial assistance and gift cards.



Financial Assistance

The charity provides a **one-off \$1500 payment** towards bills paid directly to the biller. Once we have received your application at **Rural Aid** and we have verified you are registered correctly in our system, then our team will review and process all approved applications within 14 working days.

- **A maximum of three invoices up to \$1500 bill/s.** (Note: if you provide us with a bill of \$1600, we will pay \$1500 only)
- **All documents are able to be clearly read.**
- **Billers bank account details provided.** All invoices must have the biller bank account details: BPay reference & biller code or BSB & account number, as we pay the biller directly.

If you do not have any bill/s for us to pay, we can put credit up to \$1500 towards your paid electricity, rates and water bill (to the biller directly). If this is the case, you must let us know by providing information in the application's note section.

Please note: You must be in a disaster affected area, be deemed to be a primary producer and have a current Australian Business Number (ABN). Your payment will not be paid if you don't meet the criteria. This one-off payment is capped at \$1500 and an application for less than \$1500 will see the balance value forfeited.



Mental Health Counselling

Rural Aid's mental health counselling program is unique because our counsellors meet face-to-face with farmers and their families on-farm or conduct phone counselling sessions. We know, through experience, that on-farm sessions produce the best results because they create a comfortable, non-intimidatory environment that farmers respond to.

In the 2018/19 financial year, **Rural Aid Counsellors** conducted over **2300 face-to-face and phone counselling** sessions. Importantly, our counsellors made 5000 outbound calls last financial year to farmers registered on our database.



Water

The charity co-ordinates and **delivers domestic water** into a tank to farmers who have run out of drinking water because of a natural disaster.

Registered farmers can apply for water delivery - average water carriage per truck is 19,500 litres.



Farm Army Volunteers

The **Farm Army** initiative is **Rural Aid's** army of volunteers who provide 1000s of hours of work assisting farmers in times of real hardship and provide more than just help with physical work - they connect with the farmers in so many other ways, bringing hope and friendship.

If you're looking for volunteers to help you on your farm, go to <https://www.farmarmy.com.au/submit-a-job> to list a job, or call **1300 327 624** for assistance.

Complete the form with as much information as you can about the type of person or persons you'd like help from. Also, please consider what you can offer them in return - free accommodation, etc.

The job description field **MUST** be detailed. One-word submissions will not be accepted. If you want good candidates who match your requirements, please give as much information as possible.

Please note: jobs listed won't be displayed until approved by **Rural Aid**.

It all starts here...

Healthy Bodies Healthy Minds

PCYC Queensland

Join our
**8 Week
Program**



What *8-week exercise and nutrition program, delivered by exercise physiologists and dietitians.*
* Weekly sessions are 2-hrs in duration (1-hr nutrition and 1-hr exercise). Participants receive a 3-month gym membership to support continued exercise. Groups are with up to ten participants.

Who *The program is available for adults (18+ years) receiving support for their mental health.*
* Referrals must come from staff at:
(i) Darling Downs Mental Health Service,
(ii) Community mental health organisation, or
(iii) General Practitioner.
* This program may not be suitable for people with eating disorders because of the specific care that's required for people with these symptoms.

When **Thursday 9th April, 10am-12pm**
Please contact Sally for more information.

How tiny.cc/HBHM_referral

Where Dalby PCYC: Cooper street, Dalby

Contact **Sally Mauch**
(Gym supervisor and HBHM coordinator)
T: (07) 4672 2400
E: Sally.Mauch@pcyc.org.au

Justin Chapman
(HBHM program manager)
E: justin.chapman@pcyc.org.au



Building safer, healthier communities through youth development

pcyc.org.au

MORE INFORMATION

Free with RiteHealth's grant money
The cost of the Weekend Workshop is \$140
Costs for Government Agencies is \$340

The QLD Lions Clubs Districts Q3 and Q4 are proud supporters of Youth Insearch

If there is some difficulty in raising this amount there may be an avenue through agencies working with the young people to help with this.

To refer a young person please complete the Pre-Program Referral Form on our website.
www.youthinsearch.org.au/pre-program-referral

After this form is submitted a representative from Youth Insearch will contact the referrer to organise a briefing and link the young person into a support group.

We also recommend watching the briefing video on our website.
www.youthinsearch.org.au/you-are/im-young-person

YOUTH INSEARCH IS A GREAT LEADERSHIP OPPORTUNITY FOR YOUNG PEOPLE WHO WANT TO BE ABLE TO CONTINUE HELPING OTHER YOUNG PEOPLE

FURTHER ENQUIRIES

TOLL FREE
1800 805 635

ADMIN@YOUTHINSEARCH.ORG.AU
WWW.YOUTHINSEARCH.ORG.AU



facebook.com/Youth_Insearch

instagram.com/youth_insearch

twitter.com/YouthInsearch

REBUILDING YOUNG LIVES YOUTH INSEARCH



EMPOWERING YOUNG PEOPLE TO TRIUMPH OVER ADVERSITY

INSEARCH OF POTENTIAL

INSEARCH OF SUPPORT

INSEARCH OF HOPE

Heather Cummings | Regional Coordinator – Wide Bay Burnett
0455 501 211 | heather@youthinsearch.org.au

Donna Ryan | Regional Coordinator – Darling Downs
0499 601 501 | donna.ryan@youthinsearch.org.au

2020 PROGRAM DATES

BUNDEBERG	LESLIE DAM	DUCKADANG
06-08 March	03-05 April	22-24 May
19-21 June		31 July - 02 August

YOUTH INSEARCH FOUNDATION (AUST) INC.

PRESENTS WEEKEND WORKSHOPS FOR ALL YOUNG PEOPLE 14-20 DEALING WITH LOW SELF-ESTEEM, ABUSE, DRUGS & ALCOHOL, GRIEF & FAMILY BREAKDOWN

Our weekend workshops are a 48 hour retreat commencing at 6pm on a Friday and concluding at 3pm on a Sunday. They involve highly structured therapeutic group work processes, administered by extensively trained youth leaders and adult facilitators. Each workshop is overseen by a clinical supervisor.

WWW.YOUTHINSEARCH.ORG.AU



facebook.com/Youth_Insearch

instagram.com/youth_insearch

twitter.com/YouthInsearch

WEEKEND WORKSHOP

FRIDAY NIGHT

Welcome / Settling In
Communication, Self Esteem and a very special Communication of Youth Insearsh
- Huge, done in a controlled environment to support each other.

SATURDAY

Trust, Parent and Adolescent Relationships, Abuse - all types of abuse focusing mainly on sexual abuse and the effects.
Then it is time to let the hair down with some Entertainment and a very special gift from Youth Insearsh with a lovely Magic Carpet Ride (Relaxation Exercise)

SUNDAY

Grief - Loss of a loved one pet or loss of family units, homes and possessions etc.
Drugs and Alcohol and the effects of them on us and those around us who take them.
Goal Setting and what the future holds.
Debrief and Evaluations of Program

FOLLOW UP SUPPORT

It is important young people attend with a Support Person from their local area for the next six to eight weeks as part of the holistic benefits of the weekend program, here they will attend a weekly support meeting as well as having the support to link in with any other professional services that may need requiring.



TESTIMONIALS FROM YOUNG PEOPLE WHOVE ATTENDED THE PROGRAM

"I no longer feel like I'm hiding in the shadows. I would just like to thank everyone for supporting me, it made me feel more loved and helped."

"Youth Insearsh has helped turn my life around I have been able to see major changes within myself and I'm proud of those changes. I'm now on my way to becoming a leader"

And I love that I will be empowering others like I was and I love catching up with old friends and making new ones."

"This is a really positive program which has made me look at my situation and continue Working towards more positive things in my life."

YOUTH EMPOWERING YOUTH

THE NEED

Many young people in Australia today are impacted by problems stemming from poverty, broken & dysfunctional homes, domestic violence, sexual, physical & emotional abuse, death & grief and other traumatic events. As a consequence, they often struggle with education, employment, homelessness and mental illness, often turning to self-harm, suicide, drug & alcohol abuse, crime and violence. This has the potential to impact them long term, often into the next generation. There is a well-established need for programs that intervene early and assist at risk young people to improve their lives.

THE SOLUTION

The solution has come from the young people themselves who with the founder devised the program in 1985. They identified their need to:

- Have the opportunity to talk about their issues and concerns in a truly caring and trusting environment.
- Be listened to and affirmed by their peers, thereby getting a sense that they are not alone (a crucial step for those contemplating suicide).
- Have the opportunity to gain insights into their own lives by listening to the experiences of others.
- Be part of the solution, empowering them to solve their own problems into the future.

PROGRAM SUMMARY

The Youth Insearsh Program was developed based on the principles above and refined over time. It is an award-winning, proven, comprehensive early intervention program of counselling, support, mentoring and empowerment, for at risk young people aged 14-20, delivered through weekend workshops, support groups, peer support & leadership and individual care.

The program works by allowing young people to confront and deal with the reality of the pain in their lives. By drawing on the resources of other young people that have experienced the same issues, and addressing the real problem or underlying issue, the young people seek positive alternatives within themselves, turning away from a life of despair and destructive behaviour. The program intervenes early allowing young people to deal with their issues as they start to appear.

